:Ramola Dharmaraj Pine Haven c/o , Quincy, Massachusetts, Postal Code [02170] August 30th, 2023

Kate R or Manager, Medical Records United Behavioral Health-Optum PO Box 1459 Minneapolis, MN 55440-1459

Optum, Privacy Administrator, MN101-E013, 11000 Optum Circle Eden Prairie, MN 55344

Dear Kate/Manager, Optum, Privacy Administrator:

Please send me in PDF and CD form the full PHI (protected health information) for the name "Ramola Dharmaraj" (as spelled in any form) informing Optum's BH ("behavioral health") record and Member Claims History for this name, and please send me the full Member Claims History and BH ("behavioral health") record maintained by Optum from time of origin of these records to the present date, August 30, 2023.

Please note the print package of information sent to me unsigned from Optum dated July 20, 2023 is grossly inaccurate, falsely-representing, and obviously wrong, as well as invalid—given the fact (as noted earlier) that there is and has never been any "mental health/behavioral health/psychiatry" issue here in the first place; it is also incomplete and does not show the falsely-representing, misrepresenting, impersonating family member, Quincy Police, Quincy District Court, Brewster Ambulance, Norfolk County Sheriff, South Shore Hospital/"Aspire Health Alliance" aspects (several false "complaints" "warrants" "Section 12" and "Section 10" "Application for Involuntary Temporary Hospitalization" and "Application for Care and Treatment on a Conditional Voluntary Basis"s in there) of the 12/20/2022-12/29/2022 debacle of unlawful capture (forcibly kidnapped while I was actually physically sick and resting in the privacy of my own home) and transport and hold under duress for 9 days for no reason whatsoever, information on which time period was requested originally.

Please note all medical and insurance claims from this second unlawful capture and transport and hold under duress of my physical living being—also comprising Impersonation Fraud and Pressganging out of jurisdiction in clear mistaken identity (notified to all involved prior to and/or at time of occurrence: impersonating family member, Quincy Police, Quincy District Court, Brewster Ambulance, South Shore Hospital/Health, Bournewood Hospital)--should be considered null and void and not be met. Similarly

no "diagnosis," "impression," "ESP Note," "indication," "complaint," "chief complaint," "narrative," "clinical formulation," "medical necessity," "evaluation," "acute admission history," "treatment history," "mental status exam," "psychiatric evaluation" or any other tags or content or insinuation from any of these institutions (as the ones earlier) should be considered valid: they are all false and fraudulent labels, claims, narratives fabricated to undermine the needed and vital national-security journalism of this writer, journalist, attorney, author.

All "Care Coordination" or "Continuing Care" or "Collaborative Care" or "Integrated Health Care" or "Community Care" or other such being applied to Ramola Dharmaraj by any of the Hospitals or Healthcare Institutions or Ambulance organizations or Insurance organizations or Military organizations or Fusion Centers or "EMS" or "Crisis Teams" or Physicians or Psychiatrists or Anaesthetists or Security or "RN"s or "LSW"s from any of these, or Police organizations or Police or Intelligence organizations or agencies or agents or Intelligence or Infragard or Neighborhood Watch, or Private Companies, or Research Organizations or Universities or Academic Research teams, or coopted family members, or Consultants or Contractors or Employees or Concerned Citizens or indeed any Citizens or Researchers or Modelers or Simulators or Role Players or Soldiers or Military or Informants or any others, involved or not involved in the two unlawful capture incidents from April 14-April 19, 2022 and December 12-20, 2022 and/or named herein: Steward Carney Hospital, Steward Medical Group, Steward Carney Emergency Physicians, South Shore Hospital, South Shore Health System, South Shore Mental Health, Aspire Health Alliance, Brewster Ambulance, Midwest Ambulance, Quincy Police, Quincy District Court, Norfolk County Sheriff, Massachusetts Department of Mental Health, Boston Regional Intelligence Center, Massachusetts Commonwealth Fusion Center, Massachusetts State Police, Boston FBI, and/or any other being used to unlawfully defame, slander, defile, destroy, discredit the name and reportage of this writer through this means or any other, falsely involving "United Behavioral Health"/"Optum" must be stopped completely and immediately.

All electronic records may be sent via email to ramolad@everydayconcerned.net.

Thanks very much.

Ramola Dharmaraj/

By: Ramola-grace: Dharravas

Ramola D, BSc. Physics, Post-Graduate (Diploma) in Journalism, MBA (Marketing): University of Madras, India); MFA in Creative Writing (Poetry & Fiction): George Mason University); Post-Graduate Diploma in Project Management (USDA/Georgetown University); Author: For the Sake of the Boy, Temporary Lives, Invisible Season; Editor, Publisher, Reporter: Delphi Quarterly, The Everyday Concerned Citizen, Ramola D Reports; Founder: Creativity Workshops, ArtCreateWrite/The Wishing Well.